

# Maine Mountain Children's House

## Primary 1st Day of School Checklist

Here is a checklist of things that should be brought to school with your child(ren). Some items are to be left at MMCH and some will go back and forth from home:

**Indoor shoes (stay at school)**

It is important for these shoes to be comfortable and fit your child's foot properly. Please, nothing too bulky (challenging when sitting down) and no cartoon characters. When children arrive in their classroom they switch from outdoor shoes to indoor shoes.

**Cubby photo**

Please email us a photo of your child for us to print and put in their cubbies. This can be of just your child, or your whole family. It's meant to help your child recognize where their belongings go, but to also put a smile on their faces when they see it! We tend to print these pictures out and use them elsewhere in the classroom, so having a digital version is easiest for us, but if you would rather bring in a photo that is fine too!

**Lunch box**

**MMCH is a nut free school. No nuts of any kind are permitted in our school due to a severe nut allergy within our student body.**

Something your child can work toward opening on his/her own. Always include an ice pack so the lunch can stay cold throughout the day. Please remember, we ask that you don't pack juice, treats, or other items high in sugar. MMCH has silverware and dishware for your child to use which they learn to set and wash each day. There is no need to bring these items from home.

**Water bottle (stays at school)**

It's great if your child has a water bottle that can stay at MMCH. We always provide water throughout the day so children can stay hydrated. Just remember to label it, please!

**Nap things**

If your child is in the habit of taking a nap, they will have their own cot with a fitted sheet to sleep on. Please send either a nap mat/roll, or a blanket and pillow, to put with their cot.

- If you don't have a nap mat and would like to get one, here are some recommendations:

[Wild Kin Nap Mats](#) - our #1 recommendation!

[Everyday KIDS Nap Mat](#)

[Rollee Pollee Nap Sac](#)

They may bring a stuffed animal or 'lovey'. They are welcome to leave it here at school or they may bring it back and forth. We ask that they only bring **one** lovey to sleep with, and that it either stays in their nap bed or in their cubby during the day.

**Sunscreen & Bug spray (can stay at school)**

If you'd like your child to use sunscreen or bug spray at school, please give them to a teacher with your child's name on them so we can use them outside as necessary. If you feel your child already has them from last year, let us know and we will make sure they have not run out or expired.

**Clothes to put in Bathroom Box (stays at school)**

- Pants (2)
- Shirts (2)
- Undies (2)
- Socks (2)

